

A TWO-STEP APPROACH WITH NEPRINOL AND BREVAIL

Systemic Enzymes, Lignans & Fibroid-Free Living

Step 1 – Neprinol

Stories by
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IF YOU HAVE BEEN DIAGNOSED with uterine fibroids, you may be wondering what that means, and what you need to do next.

Many doctors immediately suggest dangerous hormone therapies (with the anti-hormone mifepristone) or hysterectomy. These options are potentially very traumatic, physically and mentally.

Unfortunately, doctors aren't educated in breakthroughs in alternative therapies. Until now alternative therapies have been mild and have had mixed results. MDs and OB/GYN physicians aren't suggesting alternatives that could save the patients thousands of dollars and avoid surgery.

Uterine fibroids are made up of fibrotic tissue and muscle cells, formed by fibrin deposition. Many experts believe that a condition known as estrogen dominance also fuels their growth (see Brevail, page 00).

We've known for some time that enzymes are able to help with fibrin-based conditions like fibromyalgia, fibrocystic breasts, and wound healing because of their ability to cleanse

The enzymes in Neprinol™ swiftly break apart the fibrotic tissue, help to stabilize growth factors, improve cleansing, and help maintain normal inflammation levels. Neprinol's two foremost ingredients (NattoSEB® and Peptizyme SP®) have been extensively studied in Japan and Europe for their ability to help the body maintain normal fibrinolytic activity and blood flow.

Clinical studies have shown that serrapeptase and nattokinase work fast for many different conditions, all linked by fibrinolytic activity, to effectively to dissolve fibrin safely, with no adverse side effects.

Not all enzyme products work to break down



fibroids. Many enzymes advertise fibroid reduction but neglect to mention their product will not work unless hormone levels have become stabilized, as in postmenopausal women.

In premenopausal woman hormones are far stronger and most enzymes are far too weak to reverse the formation of a fibroid, and at best may mildly interrupt

the growth rate. These products are only successful in woman with mild to moderate hormonal imbalances. In most cases serrapeptase or nattokinase by themselves are not enough.

Nattokinase, serrapeptase and proteases are classified as fibrinolytic (fibrin lysing) and proteolytic (protein digesting) enzymes. Each enzyme is unique in the way it catalyzes proteins. It is the intrinsic nature of these enzymes to seek out exogenous (foreign) proteins and emulsify them. Combining these enzymes creates a synergistic approach to reducing fibrous formations. High concentrations of these combinations are enough to overpower extreme hormonal imbalances and prove to be successful for premenopausal woman.

Neprinol contains clinical-strength nattokinase, serrapeptase, coenzymes, and a very potent blend of proteases.

The inclusion of nattokinase, the most potent enzyme, and serrapeptase, also a superior enzyme—both fibrinolytic (fibrin-eating)—in one formula delivers a synergistic effect. coenzyme Q₁₀ (CoQ₁₀) and magnesium are also crucial in an enzyme blend. Every time an enzyme reacts in the body, a coenzyme is needed to fuel that reaction. If no coenzymes existed in our diets, the enzymes in our body would be useless. High doses of systemic enzymes can actually rob our bodies of our own coenzyme resources if we are undernourished. Neprinol contains just the right amount of coenzymes for the enzymes to react without borrowing coenzymes from our diet.

The typical dosage of Neprinol is between

Before



After



**Doctors, Distributors
and Retailers
can call Arthur
Andrew Medical at
(800) 448-5015 or visit
www.arthurandrew.com.**

three to four pills, three times a day. Begin by using two pills, three times a day and gradually build up to the desired dosage. Much larger dosages can be safely used if the patient does not experience severe detoxification reactions. Drink plenty of water to dilute the toxins in the blood and be sure to drink at least eight ounces with each dose. Neprinol may be taken with meals, but is much more potent on an empty stomach.

WHY I RECOMMEND NEPRINOL

Typical enzyme manufactures don't bother to mention their products only produce results in menopausal woman or in cases where extreme hormone replacement is used. You cannot expect a premenopausal woman to get results using only one enzyme or even a partial blend. Neprinol contains the highest concentrations of nattokinase, serrapeptase and protease available. You have already added the coenzymes essential for enzyme catalyzed reactions. Weak and partial enzyme blends create a push and pull effect, while these enzymes are working to break down the tumor, the body is hard at work trying to grow it back. While other products may mildly interrupt the growth rate of the tumor, it will continue to grow and eventually need to be surgically removed. The concentrations in Neprinol synergistically work to break down these masses at a rate that is faster than they grow. Typical reduction rates average between 1.5 and 3 cm every 30 days.

Also keep in mind that enzyme therapy does not work for everyone; the exact reasons why fibroids form is not fully understood. In a small percentage of cases where fibroids run in the fam-

ily and for those who are genetically disposed to them, enzyme therapy has little residual effect.

Women should also address estrogen dominance. Creams and herbs including natural progesterone, diindolylmethane (found in crucifers and targeted supplements), maca and lignans may help the enzymes reduce or stop growth by having a beneficial influence on hormone imbalances. In particular, I have found that Brevail® enables Neprinol to do an even better job by countering estrogen dominance (see page 00 for step 2).

WHAT IS THE TYPICAL DOSAGE?

Typical Neprinol dosage is between three to four pills, three times a day. Begin using two pills, three times a day, and gradually build up to the desired dosage. Much larger dosages can be safely used if the patient does not experience severe detoxification reactions. Drink plenty of water to dilute the toxins in the blood and make sure to drink at least eight ounces with each dose. Neprinol may be taken with meals, but is much more potent on an empty stomach.

WHY IS NATTOKINASE SO IMPORTANT TO THE NEPRINOL FORMULA?

Biologically active nattokinase does more than help healthy

NattoSEB and Peptizyme SP have been extensively studied in Japan and Europe for their ability to help the body to maintain normal fibrinolytic activity and blood flow.

Supplement Facts		
Serving Size One Capsule 15,000 FU (500mg)		
	Amount Per Serving	% Daily Value
Neprinol Blend:	500 mg	*
SEBkinase® Systemic and Lipolytic Enzyme Blend:		
NattoSEB® (USP Grade Nattokinase), Peptizyme® SP (USP Grade Serratiopeptidase), Lipase		
Neprinol Protease Blend:		
Microbial proteases derived from <i>A. oryzae</i> , <i>B. subtilis</i> and <i>Serratia</i>		
Neprinol Enzyme and Cofactor Blend:		
Amla, Papain, Bromelain, Rutin, Ubiquinone (USP Grade Coenzyme Q10)		

*Daily Value not established

Neprinol Protease Blend aids breaking down of excess fibrin to allow the healing and repair processes of the body to proceed at a normal and optimal rate.

Neprinol Enzyme and Cofactor Blend contains two key enzymes, papain and bromelain, and the flavonoid phytochemical rutin, which many experts believe synergizes the enzyme activity.

Neprinol is available at health food stores or by calling Enzymus Medical at (800) 930-9833, or visit www.enzymus.com.



RESOURCES

Neprinol is available at health food stores and via other natural health outlets. For information about Neprinol visit www.arthurandrew.com or call (800) 448-5015. If your local store isn't yet carrying Neprinol, visit www.enzymus.com or call (800) 930-9833.

See also:
www.4woman.gov/faq/fibroids.htm
<http://www.nlm.nih.gov/medlineplus/uterinefibroids.html>
<http://www.nuff.org/>

What should I expect when I take Neprinol?

Neprinol was formulated to break down fibrin, decrease inflammation, remove toxins and debris, and modulate the immune system. Neprinol's ingredients break down fibrin in three stages.

STAGE 1

The first stage is what we refer to as Enzymatic Detoxification. During this period your body is first introduced to enzymes. Neprinol will begin by thinning the blood and removing excessive toxicity that your body has built up. Years of buildup on the inside of artery walls, as well as the mucosa of the colon and gastrointestinal system, are stripped away and excreted. During this period you may experience mild headaches, pungent urine, and softened stool or diarrhea.

STAGE 2

During the second stage you will begin to increase your Neprinol dosage and start to really break down the fibrin. We refer to this as the Therapeutic Stage. You may still notice softer bowel movements during this time, primarily due to the amount of fibrin being excreted through the bowels. The Therapeutic Stage can last anywhere from three to six months depending on your body's reaction to enzymes and the excessiveness of the fibrin. It is important to schedule regular doctor visits to measure your progress through ultrasound.

STAGE 3

When your fibroids are under control you need to start the third stage. This is called Maintenance and usually consists of half or third the dose of the Therapeutic Stage. This stage is equal in importance to the previous one because now your goal is to keep your fibrin levels low and under control. Neprinol is extremely cost effective at the Maintenance Stage. As little as one capsule, twice daily, can keep excessive fibrin from returning. Other enzymes require at least three pills, three times a day.

Neprinol (overflow)

women enjoy fibroid-free living. Out of control, excessive fibrin not only manifests itself in the form of tumors; it also causes clumpy blood that decreases your heart and circulatory health. Natokinase has been clinically proven to enhance your body's ability to break down fibrin, supporting healthy blood flow.

Not long ago researchers began to see a correlation between disease, excessive fibrin, and inflammation. Fibrin and inflammation remain consistently elevated with patients who have fibroids (as well as diabetes, Alzheimer's and arthritis). It may seem hard to believe that Neprinol can benefit people with so many health concerns, but systemic enzymes have consistently proven themselves to have wide areas of health benefits.

Women should be taking every step possible to maintain normal levels of fibrin and inflammation. Enzymes are an important support tool to do so. They've been widely used throughout Europe. In fact, published studies show enzymes also benefit fibrocystic breasts (especially when combined with vitamin E). The wonder is that the enzymes in Neprinol are derived from the silk-worm, papaya, pineapple and fermented natto cheese, and they are all natural. This is a gift to women from nature.

I also strongly recommend women use the unique lignan formula Brevail® (see page 00). Brevail will help women to address another key issue involved with fibroids: estrogen dominance. ■